



2019 Shellcrest Swim Team Season Overview

Eligibility: Qualifications for swim team are a Shellcrest membership and ability to complete one length (25 yards) of freestyle with consistent side breathing. Evaluations for all swimmers will be held during the first week of practice. ***For those swimmers not yet able to complete a length of freestyle, our coaching staff will assign them to our Developmental Lesson Program (see below for more information).***

Registration & Fees: The swim team fee is **\$55.00 per swimmer**. This fee covers most of our season expenses including our membership in the NBSL, kick off and end of season dinners, meet ribbons, prelim/champ entry fees, activities, after meet parties, and end of season awards. **FOR ALL NEW AND RETURNING SWIMMERS:** Please fill out Shellcrest registration form included in this packet, and please state if you are a new swimmer or a returning swimmer. It is very important that we have the **BEST E-MAIL and CELL NUMBER** at which to reach you for updates on swim team messages or alerts.

PLEASE MAIL ALL FORMS AND PAYMENT to:

Alex Walsh
1815 N Lincoln Street
Wilmington, DE 19806

You can also register at the **Swim Team Kickoff Dinner on Sunday, June 2nd**.

Please note ****All Swim Team fees MUST be paid by time trials. Swimmers will not be allowed to swim if the fees are not paid by time trials. No exceptions!!**

Communication: Email will be the primary method of keeping everyone updated. Visit the pool website, www.shellcrestpool.com and click on the "Swim Team" link for updated information throughout the season. You can also email us at shellcrestswimteam@gmail.com

Swim Suit and Cap: We are using the same suit as last year. Shellcrest Team colors are Navy, Green and White. After May 1st, please visit the Swim Shop in Fairfax Shopping Center. Please ask for the Shellcrest Suit. Our team logo will be placed on the suit at the store. The staff will know the placement area: Center neckline for girls and mid thigh area for boys.

Girls: Speedo Endurance Core Basic (Navy) Super Pro Back or Fly-Back(thin strap) available for girls 11 & over

Boys: Speedo Endurance Core Basic (Navy) Solid Jammer

Cap: We do not provide cap, however we can order caps for those who want to purchase them. Please fill out the form for Team Caps at the end of this packet, and include with your payment when you send in the fees. We are getting green silicone caps with navy SHELLCREST written on them, and they will be \$12 each. We have also decided to add personalization this year.

Turnaround time is about 3 weeks so please order ASAP!



Neon Green cap w/Navy letters, order on registration form \$12 each, or personalized \$28/two caps.

Kick off dinner/Information Meeting will be held on **Sunday, June 2nd at 6:00PM** at the pool. Main course of dinner will be provided. Last Name Families (A-L) please bring a dessert. Last name families (M-Z) please bring a side dish. We will send out an evite and email reminder before the scheduled date.

We ask that everyone bring their own drinks for this dinner – a reminder for that will go out as well. BYO beverages!

Parents' Meeting with Coaches and Committee: 7:00PM

We also ask that you bring your beverage donation for the swim team snack bar to the kickoff dinner so we have it ready to go for our home meets. Based on your last name, we ask that you either donate cases of bottled water, soda, or Gatorade. We will provide that exact info in email for kickoff dinner.

Time Trials/Team Picture: MONDAY, JUNE 17th at 6:00PM (RAINDATE IS TUESDAY, JUNE 19th) Attendance is mandatory. A team picture will be taken as well and we are hoping to offer individual shots as well for purchase. The snack bar will be open with dinner items, so plan on feeding your family there! Please be prompt (will notify you of time to arrive before the date) as the kids will be lined up for the team picture and then time trials will begin. **Wear team suit.**

Snack Bar: A \$20.00 donation per family OR a donation of healthy snacks/baked goods, etc. for 2 home meets and time trials. Our snack bar proceeds are a big part of our swim team budget, so your full support is needed. We will again ask that each family bring a beverage donation to the Kick Off Dinner to support our team. More information will be provided in late May. **Like last year, we will be selling swim team snack bar punch cards ☺** No more digging through bags for coins! No more stopping at the ATM on the way to the pool! You will be able to purchase a card for \$20 that can be used at any home meet throughout the season. Details below.

Volunteer Responsibilities: It is essential that all parents accept a volunteer role during the season. The Swim Team Board is discussing some new ideas to make this process work more smoothly so stay tuned for details on that. *We will still be using Sign-Up Genius again to easily allow you to pick your volunteer roles.* **We ask that each family sign up to volunteer at a minimum of 2 meets. If your swimmer is in either of the end of year NBSL meets, we will also need each family participating to provide one volunteer. Positions include Lane Timers, Little Leaders, Parking Lot Management, Snack Bar, Ribbon Writers and officials.**

Private Lesson Program Our coaching staff will be available this summer to teach private lessons which can be arranged anytime. Whether you are a young swimmer whose goal is to swim the length of the pool or an 18 & under who wants some extra help with your butterfly mechanics, we have an instructor for you. Payment will be handled directly between parents and coaches. Please email ShellcrestSwimTeam@gmail.com for more information.

Season Calendar:

May 28th – May 30th – practices after school @ 4-5PM or 5-6PM

June 2nd – kick off dinner, 6PM

June 3rd – morning practices start (see below) ** If your swimmers are still in school this week, there will be a few afternoon practices scheduled that they can attend.

PRACTICE TIMES – NOTE CHANGES!!

8:00AM – 9:15AM All 12&U, 14&U, 18&U

9:15AM – 10:15AM All 8&U, 10&U

10:15AM – 11:00AM All 8&U, 6&U

June 17th – time trials, 6PM

June 18th – rain date time trials, 6PM

June 20th – Friendly meet –@ TATNALL

June 24th – June 28th – Spirit Week

June 25th – ARDEN @ SHELLCREST

June 27th – TIMBER LANE @ SHELLCREST

July 1st – **MONDAY** @ DELVETS

July 9th – @ LANE

July 11th – CRESTVIEW @ SHELLCREST

All meets begin at 6:00PM. Swimmers are asked to arrive by 5:00PM for warm-ups to confirm our lineup.

July 13th – 8:30AM NBSL Classic meet (if don't qualify for Invitational) @ GRAYLYN CREST

NOTE: All 6 & U swimmers can participate in this meet.

July 19th – 5PM NBSL Invitational meet, for all 13 & over swimmers @ JCC

July 20th – 8:30AM NBSL Invitational meet for all 12 & under swimmers @ JCC

July 20th – swim team awards dinner, 6PM

July 21st – rain date swim team awards dinner, 6PM

A full season calendar of team events, special practices, etc. will be handed out at the Kick Off Dinner and posted on the pool website for download.

Spirit Wear: We are happy to be offering a variety of Shellcrest apparel this year! Information on all items for sale will be posted.

Fundraisers: We will be conducting some fundraising events throughout the season. Stay tuned for more details.

Buddy Program: We have had requests to bring back the Shellcrest buddy program where an older swimmer(s) is assigned a younger swimmer buddy as a way to encourage the younger swimmers and help them feel comfortable and supported in the sometimes intimidating environments of swim meets. This will only be successful if the older swimmers are committed, so please indicate on the registration page if you have an older swimmer who would be interested in participating.

NBSL Eligibility Agreement: ****FOR NEW FAMILIES ONLY**** Each **NEW** family will need to read the attached North Brandywine Swim League Eligibility Agreement, print, sign and either mail with your registration Kick Off Dinner on June 2nd. This is a mandate by the league.

Shellcrest 2019 SWIMMER(s) Registration

Please complete and return form and payment to:
Alex Walsh – 1815 N Lincoln St., Wilmington, DE 19806

Swimmer Name _____

DOB _____ Has award plaque already? Y or N
Interested in Buddy Program? Y or N

Swimmer Name _____

DOB _____ Has award plaque already? Y or N
Interested in Buddy Program? Y or N

Swimmer Name _____

DOB _____ Has award plaque already? Y or N
Interested in Buddy Program? Y or N

Address: _____

Phone number: _____

Email address: _____

Parents' Names: _____

Number of Swimmers _____ X \$55.00 per swimmer \$ _____

Snack Bar punch cards _____ X \$20 per card (4 for \$75) \$ _____

Snack bar fee \$20.00 per family (if not bringing food to meets) \$ _____

Team Cap _____ X \$12 each \$ _____

Personalized Team cap _____ X \$28 (includes **TWO** caps) \$ _____

Personalization: _____

Total (check payable to Shellcrest Swim Team) Total \$ _____

2019 North Brandywine Swim League Eligibility

1. Swimmers on NBSL Teams must be members of their swim club on the same basis as non-swim team members. All swimmers must be active dues paying members of an NBSL League Pool. "Swim team only" memberships are not permitted, nor are memberships limited to the swim team season. An exception will be given to only those NBSL League Pools with summer camps existing before January 1, 2010 and are grandfathered by the NBSL.
2. For NBSL competitions, employees are not eligible to swim for that team unless they were a bona fide member during the previous season.
3. Babysitters, houseguests and nannies are not eligible to swim for the NBSL.
4. The age group of a swimmer for the entire season is determined by his or her age as of June 1. Swimmers with birthdates on June 1 will be assumed to have reached the higher age.
5. A swimmer is eligible to compete so long as their age is less than 19 as of June 1 of the current year – i.e., a swimmer's age must be 18 or under on June 1.
6. A swimmer must swim for only one Summer Recreational Swim League from May 1 – August 31 of the current season – e.g., may not swim for both Suburban and NBSL. Participation on a USA Swimming or YMCA short or long course competitive swim team shall not be considered a violation of this rule.
7. A swimmer is required to swim in at least two NBSL dual meets during the current season in order to participate in an NBSL Championship meet. Exceptions to this rule must be approved by the NBSL.
8. A swimmer must swim for only one NBSL League Pool during the current swim season. A family may be represented on only one swim team during the season. Exceptions to this rule must be approved by the NBSL.
9. A swimmer who participates in any NBSL sanctioned event must have a parent or guardian's signature on the Eligibility Agreement form prior to participating in an NBSL event.

If you have a swimmer who is ineligible under these rules that you feel needs a special dispensation, please bring a formal request to the NBSL board and it will be reviewed on a case-by-case basis

I have read the NBSL Eligibility Rules provided to me by my league pool and acknowledge that any infraction of these rules will result in both individual and team penalties for the current season. Such penalties will include and not be limited to the following:

- restriction of a swimmer from any NBSL sanctioned event during the current season
- forfeiture of a meet for a team who swims an ineligible swimmer in dual meets/champs during the current season

NBSL ELIGIBILITY

Swimmer 1:

Name: _____

DOB: _____

Swimmer 2:

Name: _____

DOB: _____

Swimmer 3:

Name: _____

DOB: _____

Swimmer 4:

Name: _____

DOB: _____

Swimmer 5:

Name: _____

DOB: _____

Parent/Guardian Signature:

Swim Club: _____

Date: _____

*Note: All swimmers must have at least one parent/guardian signature prior to participating in an NBSL event.